



Traveling to Haiti with Haiti Partners *Where you'll be staying & what to bring*

Where You'll Be Staying:

Bellevue Guesthouse (John and Merline Engle's home)

Rue Borno Prolonge #32B, Mariaman, Haiti

Email: john@haitipartners.org

Haiti cell phone: 3461-3067 US cell phone: 202-236-6532 (works in Haiti)

What to Bring

Clothing (cotton is most ideal because of the hot temperature):

- A shirt for every day you're in Haiti. All of them except one, should be short sleeve.
- 1 pair of shorts for every 1.5 days (three days in Haiti=two pairs of shorts ;)
- women: 1 or 2 skirts and/or dresses or more for women who prefer them over shorts and pants. At least one skirt or dress for church. Also, it's best not to go sleeveless to church.
- men: 1 or 2 pairs of light weight long pants (optional for women). One pair that's suitable for church.
- One tie for men (for church), no jacket necessary. This is when men wear long sleeve shirt.
- Appropriate number of underwear and socks for days you'll be in Haiti.
- Comfortable walking shoes--sneakers, sandals, crocs, etc. and one pair of shoes for church
- Flip-flops for bucket baths (unless you're staying in hotels)
- Bathing suit
- Bandanna or handkerchief
- Light sweatshirt or fleece jacket for possible chilly evenings in mountains
- Light rain jacket (optional)
- Lightweight sleeping attire (optional)

Toiletries:

- Shampoo, soap, deodorant
- Toothpaste and toothbrush
- Personal hygiene products

Medical (We'll have a first-aid kit on hand):

- Prescription medicines in original containers
- Anti-Malaria medication and immunizations - consult your physician and read [Center For Disease Control info on Haiti](http://wwwnc.cdc.gov/travel/destinations/haiti.aspx) (<http://wwwnc.cdc.gov/travel/destinations/haiti.aspx>) For people close to Vero Beach, FL, Dr. Pierone provides vaccinations for Haiti Partners guests at cost. Contact: pieroneg@verotcid.com
- A couple Band-Aids
- Dramamine (if you are apt to get motions sickness--plane, bus or boat)
- Pepto Bismal tablets
- Anti-diarrhea medicine (the food, although delicious, may cause your N. American stomach problems)

Other:

- Copy of flight itinerary
- Passport and name of hotel and or address of John & Merline for immigration: Rue Borno Prolonge #32B, Mariaman, Haiti Tel: 3461-3067
- Photocopy of passport that you keep in your luggage somewhere different then where you keep your actual passport
- Record of Vaccinations (optional)
- Day Pack
- Flashlight
- Water Container (stay hydrated!)
- Sunblock for sure and possibly hat and sunglasses
- Insect Repellent
- Laptop (optional; will have access to wifi where at the guesthouse)
- Camera and/or video camera (optional)
- Journaling Materials (optional)
- Wetwipes & tissues
- Granola bars/snack food (optional)
- Travel alarm clock (optional)
- Earplugs (Haiti is full of noises you're probably not used to, such as roosters crowing and dogs barking when you're trying to sleep.)

If you wish:

- Pictures of your family, a sample of what you do (to share with Haitian people)
- Small gifts are sometimes appropriate (flashlights, USB flashdrives, soccer ball (with pin for inflation) and jump ropes, baseball caps, tee-shirts, other nice clothes)
- When staying with Haitian families: Gift for host family (such as a flashlight with extra batteries, towels, soaps, little perfumes)

- Money to buy gifts. Beautiful Haitian crafts will be available, and can range in price from a few dollars to \$50-\$100 for wooden carvings and paintings.

Paying/How much money to bring, etc

- Credit Cards: Hotels, restaurants and grocery stores catering to international travelers usually accept major credit cards.
- Bring checkbook. Local business owners will exchange check for local currency (gourdes) at relatively competitive rate assuming someone they know (like John, Merline or Kent) vouches for them.
- Cash: It's suggested that you have a minimum of \$100 in cash. This will be helpful for (1) buying food in the airport on your trip to and from Haiti, (2) if you want to buy arts or crafts as souvenirs (more money if you want to buy more art), and (3) if you want to give any money away, which is not necessary but some like to do. Please DO NOT give any money away without first getting input from someone like John, Merline, or Kent who can help guide you in culturally sensitive and appropriate ways.